

January

2019

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL
7 NO SCHOOL	8 NO SCHOOL	9 Meatloaf Mashed potatoes Mixed vegetables WGR roll Fruit Milk	10 Turkey pot pie w/ WGR biscuit Carrots Fruit Milk	11 Cuban black beans with brown rice Broccoli & Cauliflower Fruit Milk
14 Cauliflower Mac & Cheese Stewed tomatoes Fruit Milk	15 Sweet & sour pork Brown rice Broccoli Fruit Milk	16 Honey Baked Chicken Potato wedges Cinnamon carrots WGR roll Fruit/milk	17 Beef Tacos Fiesta Corn Lettuce/salsa/cheese WGR taco shells Fruit Milk	18 Corn flake crusted chicken WGR roll Lettuce & tomato Three bean salad Fruit Milk
21 NO SCHOOL	22 BBQ chicken Corn bread stuffing Green beans Carrots Fruit Milk	23 Vegetable lasagna Mixed vegetables Fruit Milk	24 Mojo Pulled pork Brown rice Broccoli & cauliflower Fruit Milk	25 Vegetarian Enchilada Casserole w/wgr tortillas Zucchini Apple cobbler Milk
28 Spaghetti Marinara Broccoli fruit Milk	29 Roasted Turkey Mashed potatoes Green beans WGR roll Fruit Milk	30 Hamburger on WGR bun Baked beans Lettuce & Tomato Fruit Milk	31 Oven Fried Chicken Cauliflower Sweet Potatoes WGR Roll Fruit/Milk	